

## Tutorial of basic origami techniques

**A. Mountain fold**

**B. Valley fold**

**C. Square fold**

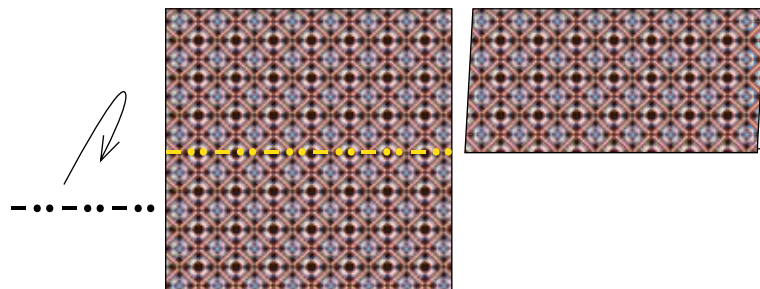
**D. Triangle fold**

**E. Zabuton**

**F. Inside fold**

### A. How to make a mountain fold

1. In a mountain fold the crease sits at the top of the paper sheet, like the peak of the mountain. Generally, a dash-dot like or an inverted V-shaped arrow represents a mountain fold. It is the reverse of a valley fold.



## B. How to make a valley fold

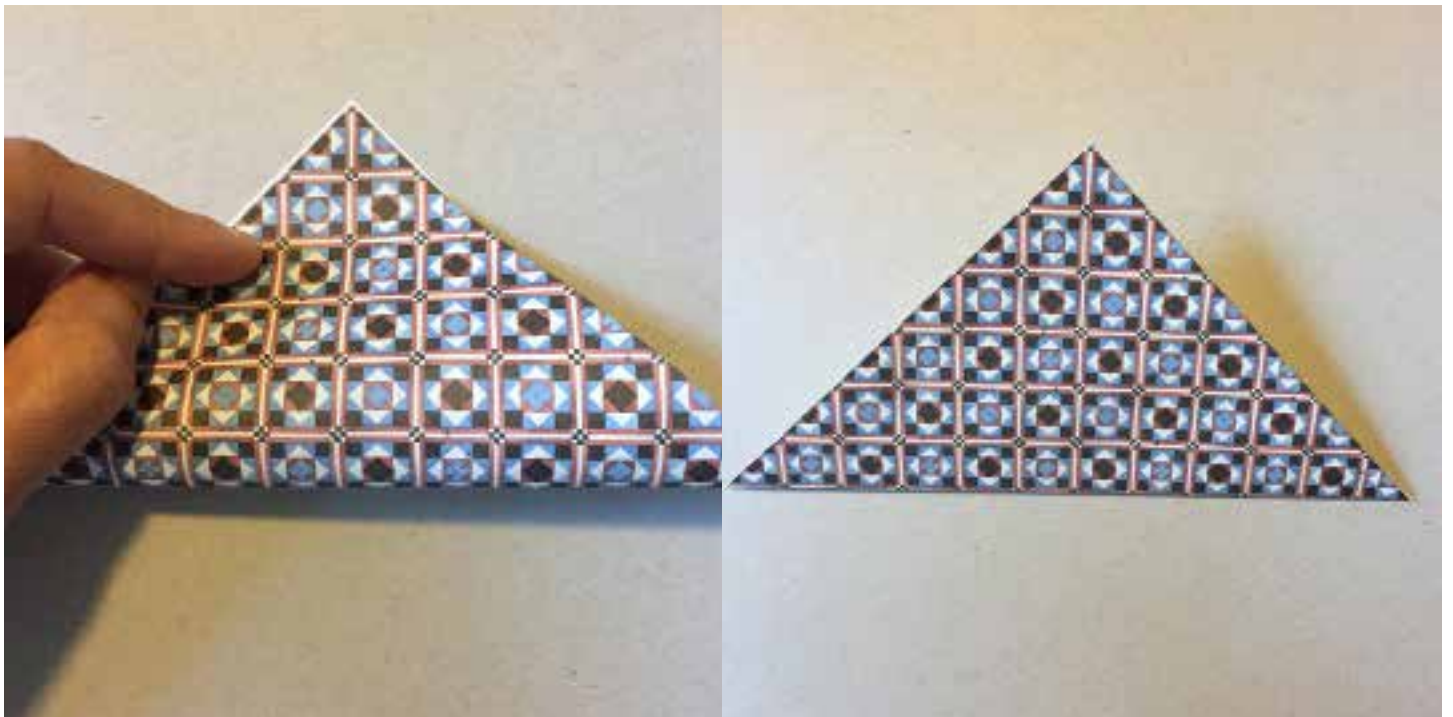
1. In a valley fold the crease is at the bottom. When unfolded the paper forms a "V". Generally dash lines or a V-shaped arrow represent valley folds.



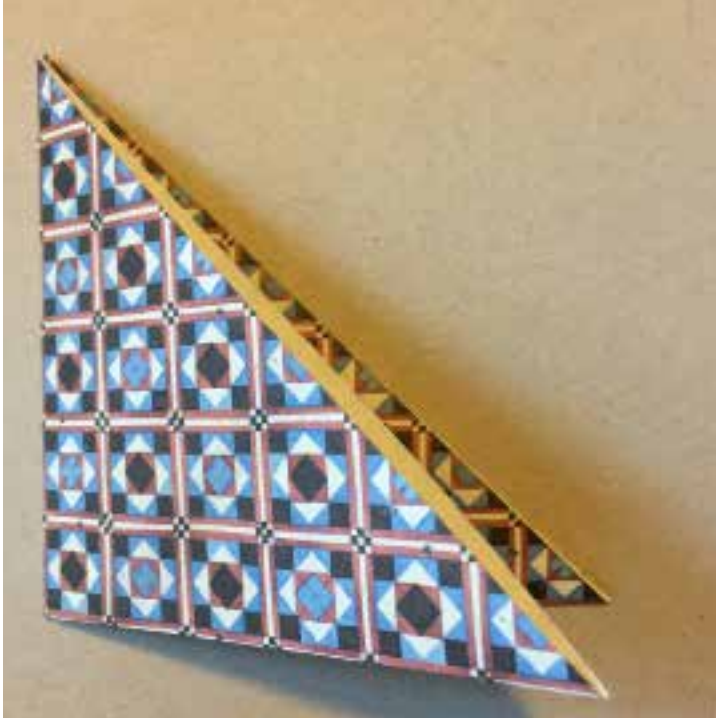
## C. How to make a square fold

The square fold is the starting point for many origami pieces.

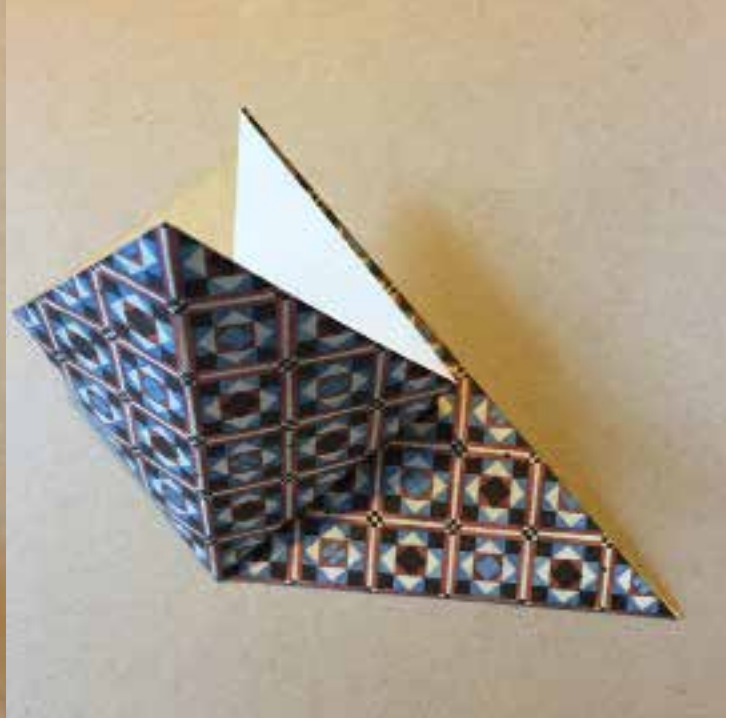
1. Fold a piece of square paper in half, diagonally, printed side down, in order to make a triangle.



2. Fold it in half again.

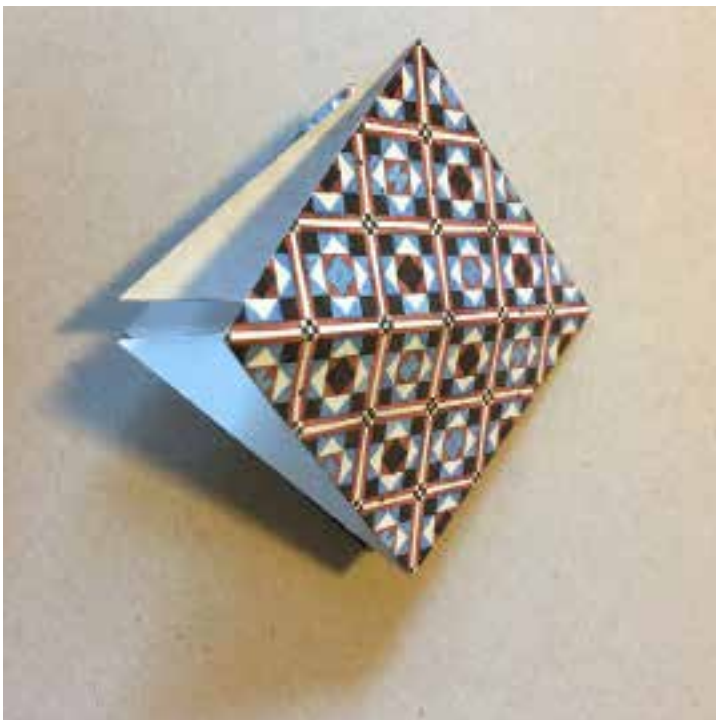
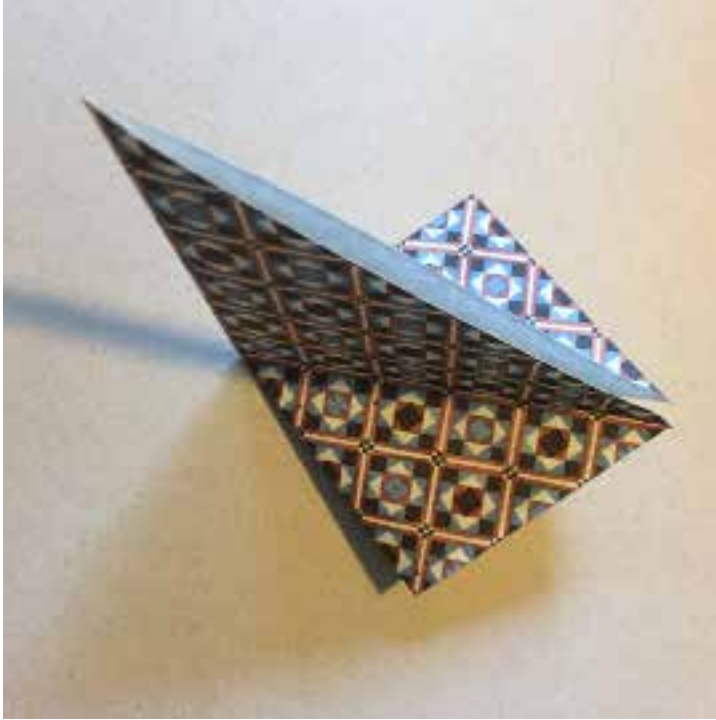


3. Lift and pry open the top flap, squashing it into a square.



4. Turn the paper over and repeat with the other side.



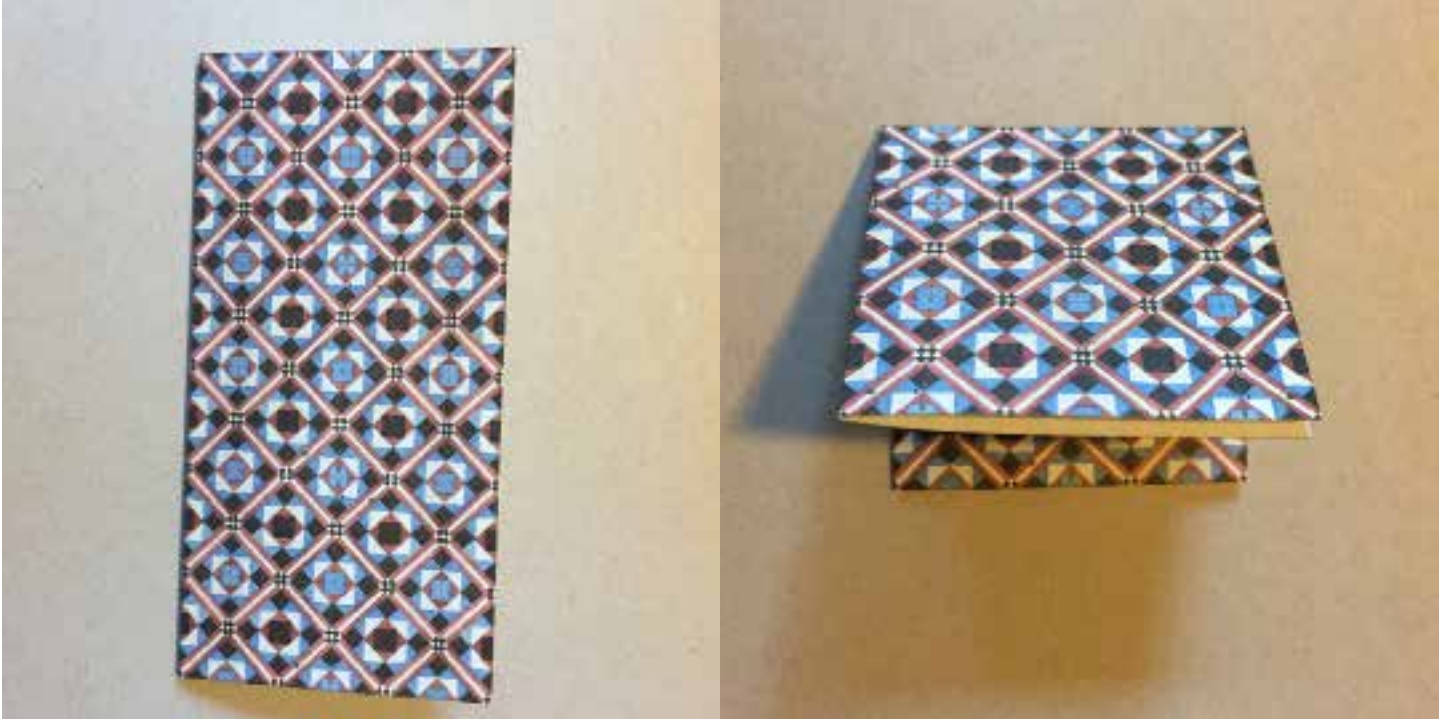


#### D. How to make a triangle fold

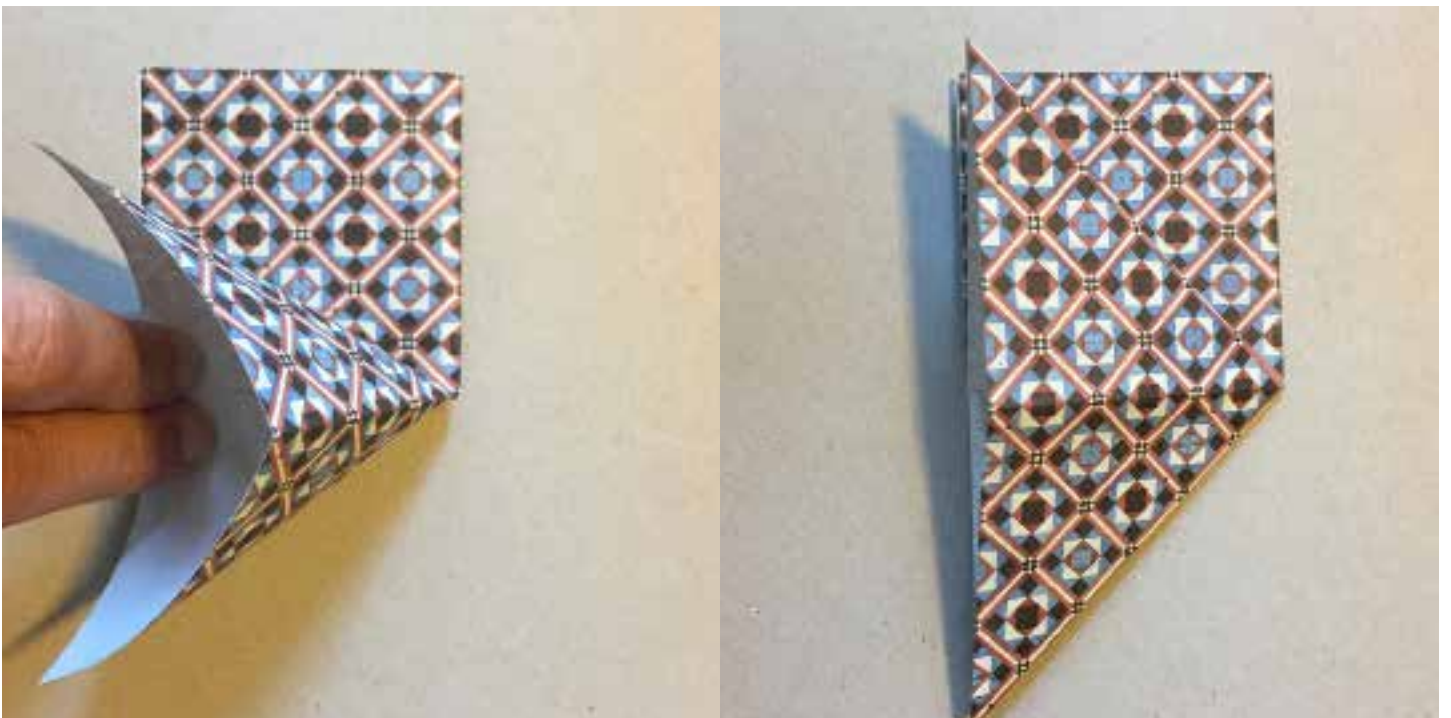
The triangle fold is the starting point for many origami pieces.

1. Fold a piece of square paper in half, printed side down, in order to make a rectangle.

2. Fold it in half again to make a square.

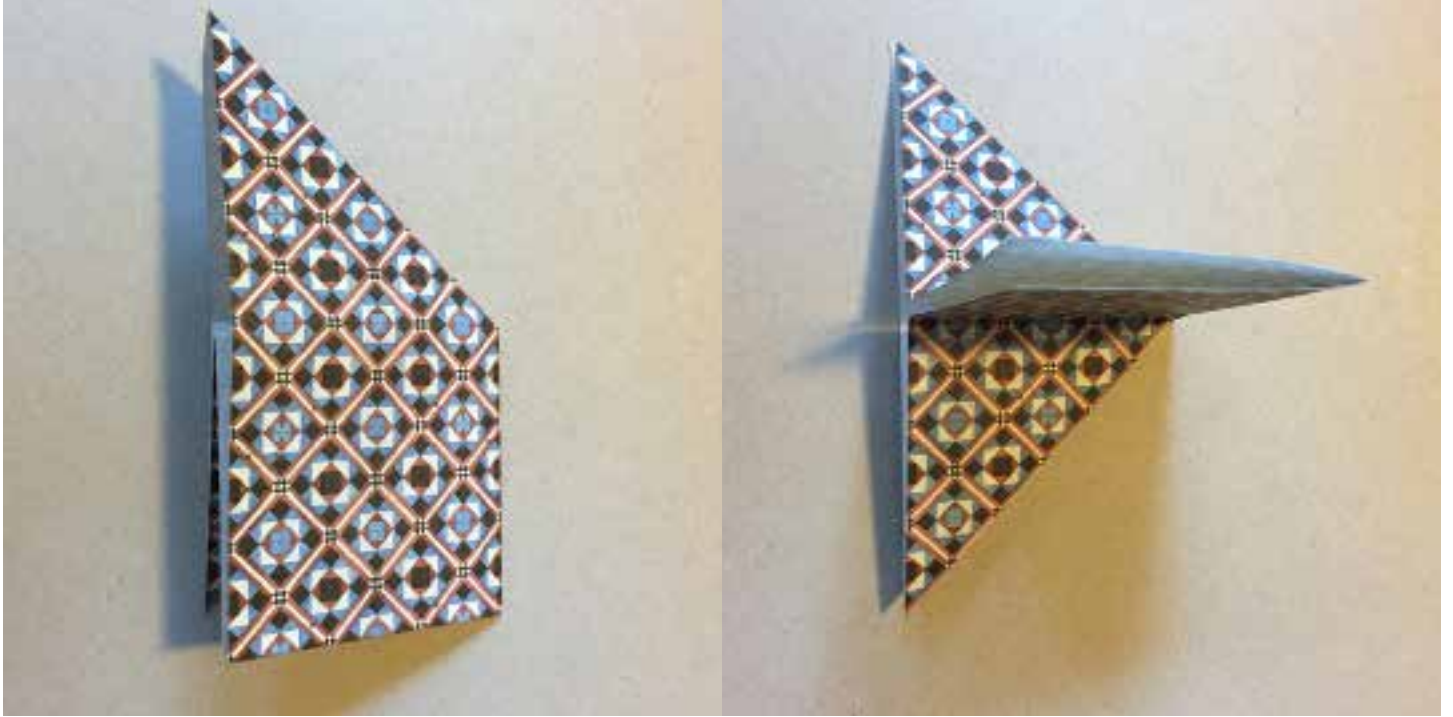


3. Lift the top flap, pry open and squash it into a triangle.



4. Turn the paper over.

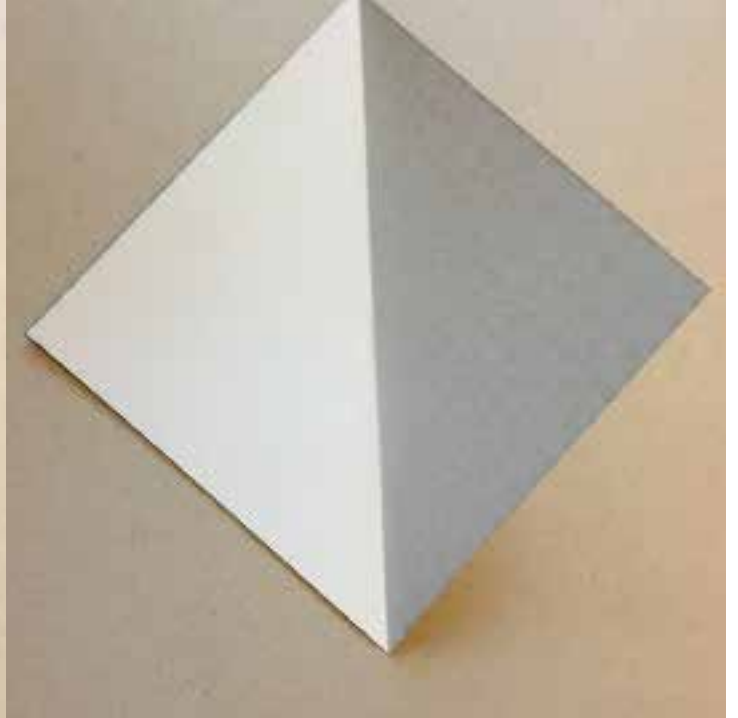
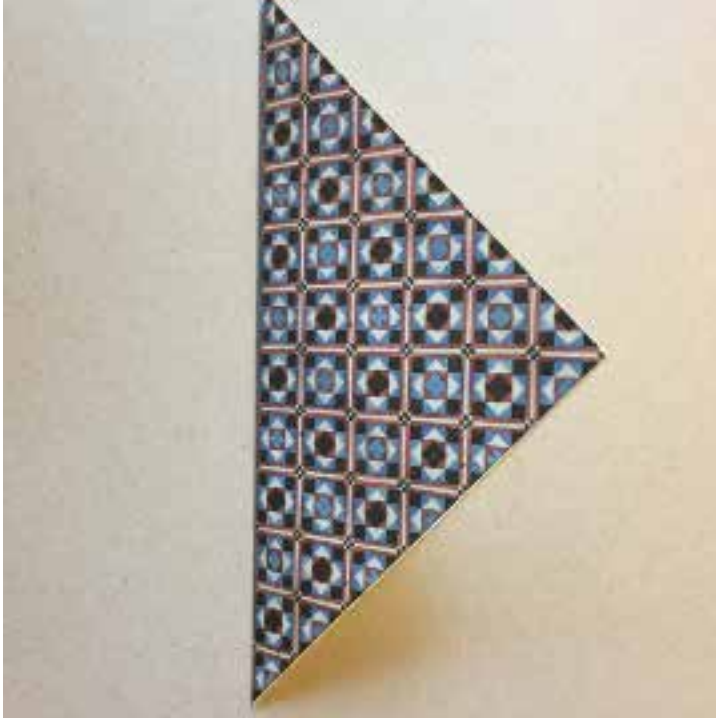
5. Repeat with the other side.



**E. Zabuton**

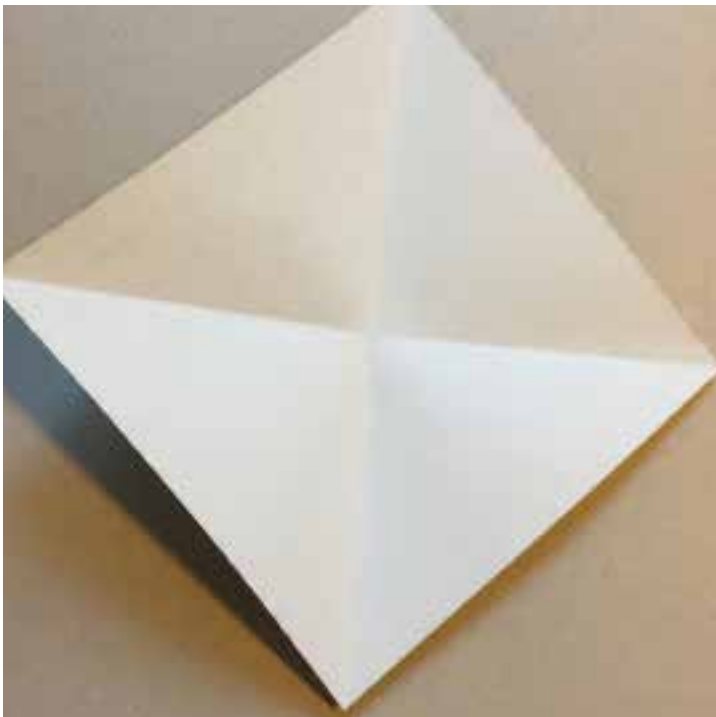
1. Fold a piece of square paper in half, diagonally, printed side down, in order to make a triangle.

2. Open.

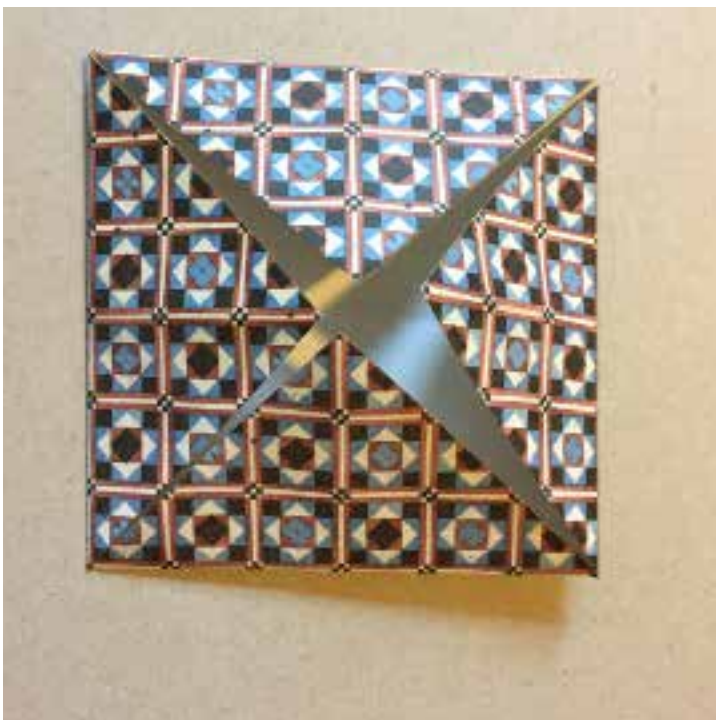
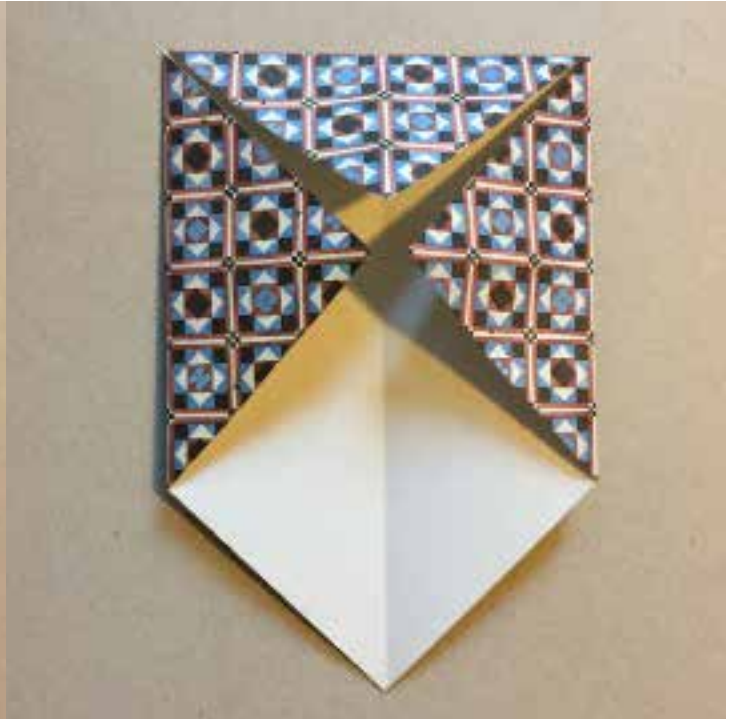


3. Repeat the fold in the opposite diagonal.

4. Fold one of the corners into the centre.



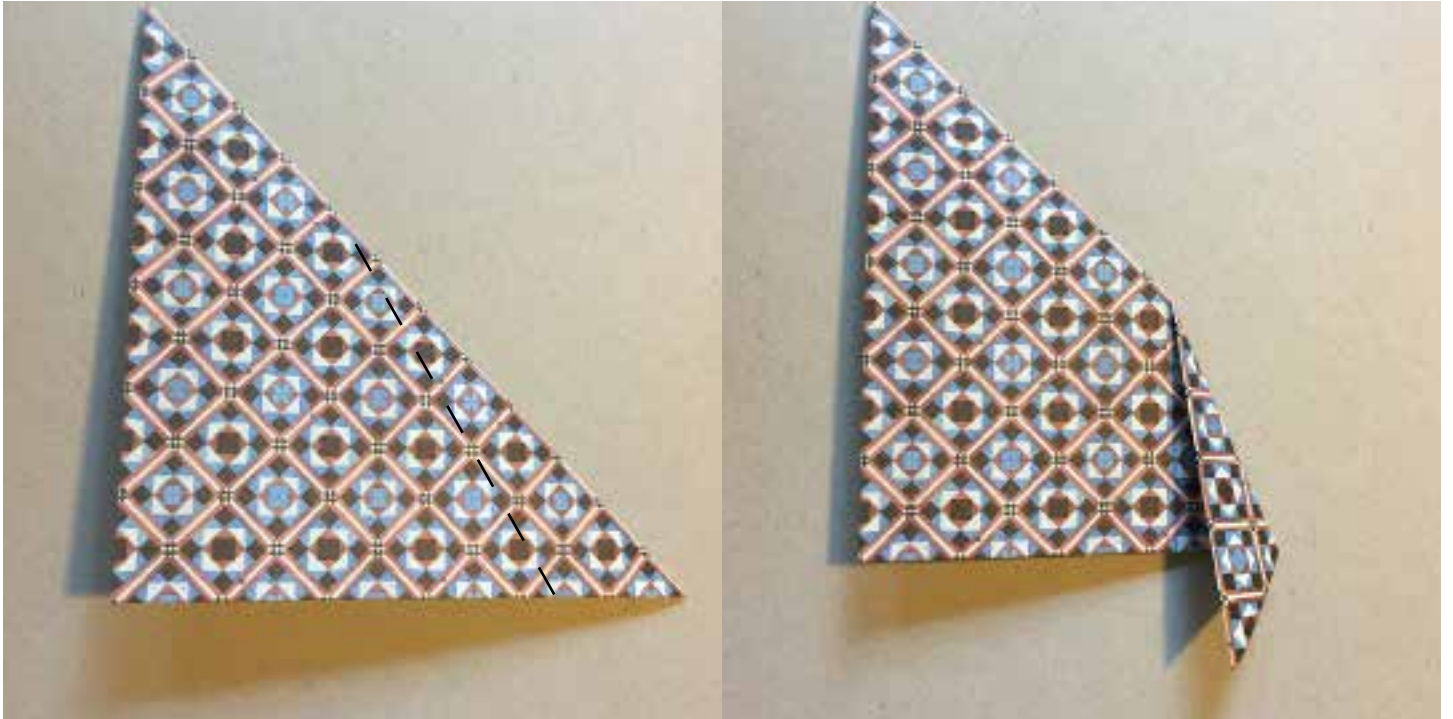
5. Repeat the folds with the remaining three corners.





**E. Inside fold**

1. Fold along the dotted line.



2. Unfold, open the paper and refold towards the inside.

